



**Seasonal Eating Demo with Cecelia Brooks
Open Farm Day – April 20th, 2024**

Johnny Cake Recipe

1 cup cornmeal
1 tablespoon baking powder
1/2 teaspoon salt
2 tablespoons sunflower oil
1 egg
1/2 cup milk

Whisk the dry ingredients together then add the wet ingredients and combine.
Drop spoonfuls into an oiled frying pan and flip when bubbles form on top and cook the other side for another minute or so.

Serve with maple syrup just as you would pancakes